# Cooking Favorites of MOUNTAIN HOME



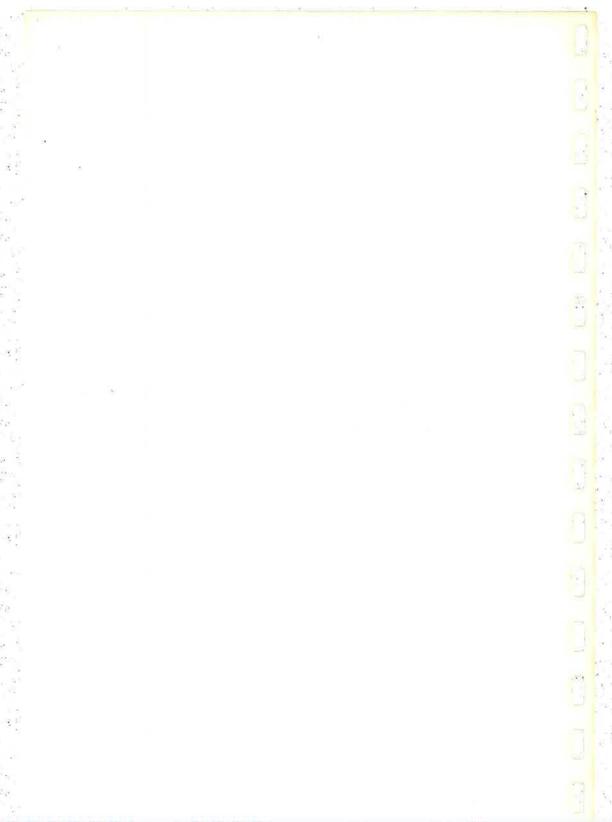
CHRISTIAN WOMEN'S FELLOWSHIP MOUNTAIN HOME, IDAHO

JANICE Woosley

#### **ACKNOWLEDGMENT**

We wish to acknowledge the fine spirit of co-operation by the organization members and the community at large including the merchants and business firms, without which this book could not have been possible.

The Organization



#### LIST OF MEMBERSHIP

Liela Appling Ruby Grafft

Gladys Brown Nell Hopson

Lorna Cairns Marva Keiffer

Shirley Caldwell Brenda Landsdell

Paulette Campbell Marjorie Murray

Martha Chipman Ruth Ott

Dorothy Colthorpe LaWanda Rapp

Emaline Cotner Rosemary Shields

Sylva Doran Laverne Sipes

Doris Dorman Candance Smith

Jody Enochs Cleona Swenson

Dare Fedde Margaret Walter

Marge Garner Kay Wells

Joyce Gee Anna Williams





DILL PICKLES - 1/2 gal.

Candance Smith

1/4 c. salt 1/2 c. vinegar

2-1/2 c. water garlic

Pack jars alternately with cucumbers, dill and small pieces of garlic. Bring water, salt and vinegar to a boil. Pour over cucumbers and seal.

#### KOSHER SWEET AND SOUR PICKLES

Nell Hopson

6 c. sugar 3 c. vinegar big cucumbers

Wash and soak whole cucumbers 7 to 8 inches overnight in cold water. Cover bottom of crock with grape leaves, a layer of whole cucumbers, a layer of dill, 2 green peppers, cut up. Repeat until full. Cover with a brine of 19 c. water, 1 c. salt, 1/2 c. vinegar. Cover cucumbers completely. (Place a plate over them with a weight on top). Let st and 7 to 8 days. Remove from brine, wash in cold water, cut in slices or chunks. Place in jars with 8 to 10 pieces of allspice and 1/2 clove of garlic. Boil the sugar and vinegar and pour while hot over the pickles and seal.

#### SWEET PICKLE STICKS

Kay Wells

3-3/4 c. vinegar 3 c. sugar 3 Tbsp. salt 4-1/2 tsp. celery seed 4-1/2 tsp. turmeric 3/4 tsp. mustard seed

Use fresh, firm medium cucumbers. Wash and cut into sticks. Pour boiling water over them and let stand overnight. Next morning pack solidly into jars. Make solution of ingre-

#### SWEET PICKLES STICKS (Continued)

gredients above and boil 5 minutes. Pour boiling hot over cucumbers in jars. Put cap on and screw it tight. Process in boiling water bath for 5 minutes. Solution fills 6 pt. jars. (Note) If sweeter pickle is desired double measurement of sugar.

#### BREAD AND BUTTER PICKLES

Marjorie Garner

7 qts. medium cucumbers, sliced

3 qts. medium onions, sliced 1 c. Eastern salt, pickling

Cover with cold water and let set 3 hours. Drain off brine and throw away. Add:

6 c. sugar 1/2 c. mustard seed 1 Tbsp. celery seed 1/3 tsp. red pepper 1-1/2 qts. vinegar

Heat to boiling point and seal. Makes 10 to 12 pts.

#### HAWAIIAN SWEET PICKLES

Gladys Brown

Select cucumbers, dill size or larger. Slice round 1/2 inch thick. Place in jar (or crock), cover with brine that will float an egg (2 c. salt to 1 gal. water). Leave 7 days. On 8th day, drain, wash and cover with alum solution (1 tsp. alum to 2 qts. water). Leave 24 hours. Drain and wash again. Cover with boiling syrup (2 c. sugar to 1 c. vinegar - DO NOT DILUTE). Repeat the boiling of the syrup 4 mornings. On 5th day, add 2 sticks cinnamon and 1 tsp. whole cloves (or pickling spice) to each 2 qt. jar. Seal.

#### COMPANY BEST PICKLES

Candance Smith

10 medium cucumbers 8 c. sugar 5 tsp. salt 4 c. vinegar

2 Tosp. mixed pickling spices

Cover whole cucumbers with boiling water. Allow to stand until next morning; drain. Repeat this procedure on next 3 mornings. On the 5th day, drain and slice in 1/2 inch pieces. Combine sugar, spices, salt and vinegar. Bring to boiling and pour over cucumbers. Let stand 2 days. On 3rd day, bring to boiling and seal in hot sterile jars. Makes 7 pts.

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75 cucumbers, 4 to 5 inches 1/3 c. pickling spice long or 2 gal. small ones 1 Tbsp. celery seed

6 c. vinegar 5 c. sugar

alum powder

Make a brine of a proportion of 2 c. salt to 1 gal. water, boil and pour over cucumbers boiling hot. Weight down and keep under brine. Let stand 1 week. In hot weather skim daily. Drain and cut in chunks. For the next 3 mornings make a boiling solution of 1 gal. water and 1 Tbsp. alum and pour over the pickles. Make this fresh hot bath for 3 mornings. On the 4th morning drain and discard the alum water. Heat vinegar, sugar, pickling spice and celery seed to boiling point and pour over pickles. On 5th morning, drain off this liquid and add 2 more c. sugar, heat again to boiling point and pour over the pickles. On the 6th morning drain liquid and 1 c. sugar, heat, pack pickles into sterilized jars and fill within 1/2 inch of top of jar with the boiling liquid. Seal at once.

#### ONION RINGS - WALLA WALLA

Leila Appling

4 large sweet onions, sliced 1 Tbsp. sugar thin 1/2 c. water 1 c. vinegar

1/4 c. mayonnaise 1-1/2 Tbsp. celery seed salt and pepper

Marinate onions in water, vinegar and sugar. Cover and place in refrigerator for 5 hours. Drain thoroughly and separate the rings. Blend mayonnaise, celery seed, salt and pepper. Toss onion rings in mixture and serve cold at once.

#### LAST OF THE GARDEN RELISH

Sylva F. Doran

1/2 gal. each chopped cabbage shell beans green tomatoes large cucumbers small cucumbers cauliflower green beans

vinegar corn 1/2 lb. mustard 1/6 lb. black pepper 6 sweet green peppers 2 lbs. brown sugar

Slice tomatoes and let stand overnight in salt water. Precook corn and beans. Chop large cucumbers and place in salt water overnight. Mix thoroughly all vegetables and cook 2 to 3 hours with the vinegar and spices. Seal in pt. jars.

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#### COLD BEAN SALAD

LaWanda L. Rapp

1 can yellow beans, drained 1/2 c. chopped green pepper 1 can green beans, drained 1/2 c. chopped onion 1 can red kidney beans, include juice 2/3 c. sugar 1 can garbonza beans 3/4 c. white vinegar 1/2 c. Wesson oil

Mix all the above ingredients well and set in a large bowl overnight.

#### VEGETABLE SALAD ORIENTALE

Mrs. Maude Gepford

1 - 3 oz. pkg. lemon Jell-O 1 - 3 oz. pkg. orange Jell-O 2 c. boiling water 2 c. ginger ale 3 Tbsp. soy sauce 1/8 tsp. black pepper 2 tsp. grated onions 1-1/2 c. finely shredded carrots 1-1/2 c. very finely sliced celery

Lightly oil - 10 - 1/2 c. molds with salad or cooking oil (not olive oil) and drain. Pour boiling water over gelatin in bowl and stir until dissolved. Add next 4 ingredients and mix well. Chill until mixture is slightly thicker than consistency of thick unbeaten egg. Mix in carrots and celery. Spoon into the molds. Chill until firm.

#### KANSAS SLAW

Dare Fedde

8 c. shredded cabbage
2 carrots, shredded
1 green pepper, cut in thin
strips
1/2 c. chopped onion
1 env. unflavored gelatine

2/3 c. sugar 2/3 c. vinegar 1-1/2 tsp. salt 1/4 tsp. black pepper 2 tsp. celery seed 2/3 c. salad oil

#### KANSAS SLAW (Continued)

Combine cabbage, carrots, green pepper and onion. Add 1/2 c. cold water and chill in refrigerator. Sprinkle gelatine over 1/4 c. cold water. Combine sugar, vinegar, salt, black pepper and celery seed in saucepan and bring to a boil. Stir in softened gelatine. Cool mixture until slightly thickened. Beat with egg beater and gradually add salad oil. Drain chilled vegetables. Add dressing and mix lightly until vegetables are coated with dressing.

#### PINEAPPLE SOUR CREAM SALAD

Candance Smith

Dissolve 1 pkg.	lemon Jell-O	Add 1/4 c. cold water
1/2 tsp. salt in		2 Tbsp. lemon juice
1 c. hot water		1 c. sour cream

Beat until blended. Chill to thicken slightly. Set in ice and water, whip until thick and foamy. Fold in 1-1/2 c. drained crushed pineapple, chopped celery and grated carrots, as desired. Chill thoroughly before serving.

#### JELL-O SALAD

Echo Day

2 pkgs. lime Jell-O	1 c. chopped nuts
2 c. hot water	2 Tbsp. horseradish
1 can crushed pineapple	1 - 1 pt. pkg. cottage cheese
1 c. canned milk	1 c. mayonnaise

Combine Jell-O and hot water. Add rest of ingredients. Stir. Let set until solid.

#### SHRIMP SALAD

Kay Wells

1 small can shrimp	Dressing:
3 scrambled eggs	1/2 c. salad dressing
1/2 c. chopped celery	1/2 tsp. prepared mustard
1 small head of lettuce	1 tsp. vinegar
2 Tbsp. sweet pickle relish	1 tsp. sugar
	salt and pepper to taste

Scramble eggs, let cool. Toss ingredients lightly. Prepare dressing and pour over salad. Toss lightly.

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#### TWENTY FOUR HOUR FRUIT SALAD

Harriet Cumpton

1 large can white grapes

2 c. diced pineapple

2 c. orange sections

2 c. small marshmallows
1/4 lb. almond meats (blanched
and chopped)

Dressing: 2 eggs 2 Tosp. sugar 1/4 c. light cream juice of 1 lemon 1 c. heavy cream, whipped

Combine fruit, well drained. Add marshmallows and nuts. Beat eggs until light, gradually add sugar, light cream and lemon juice. Mix thoroughly. Cook in double boiler until smooth and thick. Stir constantly. Cool, fold in whipped cream. Pour over fruit mixture and mix lightly. Chill 24 hours. Do not freeze. Serves 10 to 12.

#### LEMON DELIGHT SALAD

Nellie McKimmy

2 pkgs. lemon Jell-O 3 c. hot water

1/2 c. cream, whipped

1 can pineapple 1 c. grated cheese

1 c. celery

Dissolve Jell-O in hot water and chill until partially set. Add cream, pineapple, cheese and celery and chill again until set. Cover with the following topping.

1 c. mayonnaise 1 green pepper 1 bunch green onions, chopped fine

1 small jar ripe olives, sliced

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#### MEAT LOAF

Susella Dallas

2 lbs. ground beef 1 c. whole wheat bread crumbs 1 egg, well beaten 3/4 c. tomato sauce

1 green pepper, finely chopped salt and pepper

Mix and bake in loaf pan in 350 degree oven for about 1 hour. Make gravy from the liquid in pan.

#### HAM LOAF

Susella Dallas

8 lbs. ground ham
3 large onions, cut fine
5 c. bread crumbs
5 c. milk
3 c. tomato juice
5 c. bread crumbs
5 tsp. dry mustard
5 eggs, beaten

Mix well and bake slowly for 1 hour. Serves 25 people.

#### BEEF STROGANOFF

Laverne Sipes

2 lbs. round steak
2 Tbsp. flour
1/2 c. chopped onions
1/2 c. chopped celery
1 clove garlic, chopped
1 c. sour cream
1 tsp. salt
1 - 3 oz. can mushrooms and
broth
1 - 8 oz. can tomato sauce
1 Tbsp. Worcestershire sauce
1 c. sour cream

Brown meat. Add all ingredients except sour cream and cook until tender. Add sour cream last.

#### BARBECUE (for buns)

5 lbs. pork (small loin, butt or shoulder)

2 green peppers, chopped

2 large onions, chopped

2 Tbsp. dry mustard

2 bottles catsup 2 Tbsp. sugar

4 Tbsp. vinegar

4 Tbsp. mixed spices (tied in bag)

Season meat well and cook until done. Pick from bone and cut into pieces. Mix the remaining ingredients, (including meat broth) and cook slowly for 2 hours. Reheat when ready to use. Store unused portion in jars in refrigerator. It will keep indefinitely. Serve on warm buns.

#### SPICY SPARERIBS

Mrs. Phelps Whitney

4 lbs. spareribs
1/3 c. flour
2 tsp. salt
1/4 tsp. pepper
3 Tbsp. butter or margarine
2 beef bouillon cubes
1-1/2 c. boiling water
1/4 c. catsup
3 Tbsp. Worcestershire sauce

3 Tbsp. vinegar
1/2 Tbsp. celery salt
1/8 Tbsp. cayenne pepper
3 whole cloves
3 whole allspice
1/2 bay leaf
1/2 clove garlic, minced
1 medium onion
1/4 c. cold water
3 Tbsp. flour

2-1/2 hours before serving, heat oven to 350 degrees. Wipe ribs and cut into serving pieces. Combine salt, pepper and flour and coat ribs with mixture. Melt butter or margarine in skillet and brown the ribs. When thoroughly browned, arrange ribs in a roasting pan. Dissolve some butter in the 1-1/2 c. boiling water. Stir in the catsup, Worcestershire sauce, vinegar, celery salt, cayenne pepper, cloves, allspice, bay leaves and garlic. Pour this mixture over the meat. Sprinkle with the onion which has been finely chopped. Cover and bake 1-1/2 hours.

Spicy Sauce: Remove excess fat from the liquid that is on the roasted ribs. Slowly stir 1 c. water into 2 Tbsp. flour. Bring meat liquid to boil and pour flour-water mixture into the boiling liquid. Spoon over ribs and serve.

#### PORK AND NOODLE DISH

Leila Appling

3 lbs. lean pork 1 lb. pkg. noodles 1 green pepper, chopped

1 can pimento, cut fine 2 cans cream of chicken soup 1 can whole kernel corn 1 lb. sharp cheddar cheese, cubed

1 can pitted ripe olives buttered bread crumbs

Cook pork in boiling water with small onion and celery until tender. Cool and dice. Cook and drain noodles. Combine pork

#### PORK AND NOODLE DISH (Continued)

broth and noodles together for 20 minutes. Add pepper, pimento, chicken soup, corn cheese and olives, drained. Top with buttered crumbs. Bake in 375 degree oven until bubbly and hot. Serves 16 people.

#### 7 LAYER CASSEROLE

Lucille Amy

1 c. uncooked rice	1/2 c. finely chopped onion
1 c. canned whole kernel corn	1/2 c. finely chopped green pepper
or 1 pkg. frozen	3/4 c. uncooked ground beef
2 - 3 oz. cans Hunt's tomato	4 strips bacon
sauce	1/2 can water

Place rice and corn in layers in a 2 qt. baking dish with a tight fitting lid. Sprinkle with salt and pepper. Pour over 1 can tomato sauce and 1/2 c. water, onion and green pepper and ground beef. Sprinkle with salt and pepper. Pour over second can of tomato sauce and another 1/2 can water. Cover with bacon, cut in 1/2. Cover dish and bake in 350 degree oven for 1 hour. Uncover and bake about 30 minutes longer until bacon is crisp.

#### HOT DISH TO SERVE 20

Mrs. Barbara Doran

Can be reduced for family meal.

10-oz. pkg. curly or wavy noodles (be sure to use curly or wavy noodles) 2 lbs. ground beef 3/4 c, celery  1/2 c. chopp 2 cans crean 1 can tomato 1 small can	of chicken soup soup
5/4 c, celery 1 small can	swifed offices

Boil noodles until done. Separate and pan brown the ground beef with the celery and onicn. Combine noodles with meat mixture, then add all of the soups. Pour into a large casserole or baking pan and bake for 30 minutes in 350 degree oven. Drain juice from small can of stuffed olives. Cut olives into small pieces. Spread olives over the top of mixture and return to oven for 10 minutes.

#### SHEPHERD'S PIE

Jody B. Enochs

1 lb. ground beef mashed potatoes (any amount)
1 medium onion milk

Brown hamburger and onions in iron skillet. Add milk to potatoes (enough to make pliable). Pour over meat and onions. Place in oven to brown until golden brown.

#### TAMALE PIE

1 lb. ground beef 1/4 c. whole kernel corn, drained 1/2 c. celery 2 tsp. chili powder 1/3 c. chopped green pepper 1 Tbsp. salt 2-1/4 c. canned stewed tomatoes 1/4 tsp. pepper

Brown meat over medium heat, pour fat off as it collects. Add onions, celery and green pepper and cook until onion is transparent and meat is browned. Add other ingredients slowly; cover and simmer 15 minutes. Mix together 1 c. cold water and 1/2 c. yellow corn meal. Add gradually to skillet stirring continually. Cook and stir until thick. Bake in 350 degree oven for 1 hour. To serve: sprinkle with grated cheese and place back in oven for 15 minutes. Can be frozen.

#### CHOW MEIN

Jody B. Enochs

es

1 lb. pork 1 lb. beef 1 lb. veal 1 large onion 1 medium stalk celery	4 cans bean sprouts 2 cans chow mein vegetable 1 can mushrooms 1/2 c. LaChoy sauce
1 medium stalk celery	1/2 c. warm water
1 can underwater chestnuts	

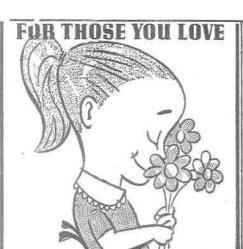
Cut meat in fine cubes and brown well in large pan, using small amount of grease. After browned, put on lid and steam meat until done. Dice onions and celery; add to meat and steam until done. Drain and wash chestnuts, bean sprouts, vegetables and mushrooms in cold running tap water. Dice all large pieces small. Add to meat mixture. Mix sauce and water and add salt and pepper to taste. Add water to cover all ingredients. Steam until done. Add thickening if desired. Serve on rice or chow mein noodles.

#### TAMALE STEW

Ruby Grafft

1 c. vegetable oil	1/4 c. rice
1 lb. hamburger	1 c. milk
1 onion	1 can whole kernel corn, drained
1 clove garlic	salt to taste
1 can tomatoes	1 Tbsp. chili powder
1 can tomato hot sauce	dash of red pepper
	1 can ripe olives

Fry the onion, cloves and hamburger in the oil. Add the tomatoes, drained corn, tomato hot sauce, salt, chili powder and red pepper. Simmer slowly for 30 minutes. Add the milk and rice. Simmer slowly, stirring occasionally for 3 hours. 10 minutes before serving time add 1 can drained, pitted ripe olives if desired. Keep hot but do not cook after the olives are added.



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1-1/2 lbs. hamburger or ground beef
2 medium size cans tomatoes

1 large onion, chopped salt and pepper to taste chili powder to taste (4 to 6 tsp.)

Fry hamburger in a little grease until all turns white. Add chopped onion and fry until onion is cooked. Add tomatoes and chili powder; let simmer 2 hours.

#### WITCHES BREW

Janice Cooke

2 slices bacon 1-1/2 lbs. hamburger 1 onion 1 green pepper 1 can kidney beans 2 c. cooked noodles 1 c. tomatoes

Brown bacon and dice. Add hamburger, onions and green pepper. Add beans, noodles and tomatoes. Season to taste. Simmer 1 hour in electric fry pan at 240 degrees or bake in a covered casserole for 1 hour in 250 degree oven.

#### TUNA FISH PIE

Marjorie Garner

1/2 c. chopped green pepper 2 slices onion, chopped 3 Tbsp. butter or margarine 6 Tbsp. flour 3 c. milk 1 - 6-1/2 oz. can tuna, drained 1 Tbsp. lemon juice 3/4 c. grated cheese 2 chopped pimientoes biscuit dough, using 2 c. flour

Cook pepper and onion in butter until tender. Add flour and blend. Add milk. Stir slowly until thick; add tuna and lemon juice. Cover this mixture with biscuits made in the following manner: Roll biscuit dough thin, cover with the cheese and pimientoes. Roll up and slice, press each lightly, place on tuna mixture and bake in 425 degree oven for about 20 minutes.

#### CHICKEN CASSEROLE

Dolly Colthorp

1 - 2 lb. frying chicken 1/4 c. flour 1-1/2 tsp. salt 1/4 tsp. pepper 1 can mushroom soup 1 pimento 2 Tbsp. butter 1/2 c. celery

Roll chicken in flour, salt and pepper. Fry chicken in butter until brown. Put in shallow baking dish 2 inches deep and 9 inches square. Place chopped celery in saucepan, add water to cover, cook until tender. Stir in saved flour from which chicken was rolled. Cook at low temperature until a sauce is formed. Add mushroom soup and chopped pimento. Pour sauce over chicken. Place in 350 degree oven and bake for 1 hour. Garnish with paprika and parsley. Note: This dish was first place winner in the local 1962 Idaho Power cooking contest.

#### CHICKEN CACCIATORE

2 cloves garlic, chopped 1/2 c. oil 1 large frying chicken 1/2 c. flour salt and pepper

3 Tbsp. butter
1 small onion, chopped
1 can mushrooms
1 can tomatoes
1 tsp. oregano
1 tsp. parsley

Heat garlic with oil in large skillet. Coat chicken with flour, salt and pepper. Brown chicken in oil. While chicken is browning, heat butter in small skillet. Add onion and mushrooms. Cook until light brown. Add to the chicken, along with tomatoes, salt and pepper, oregano and parsley. Cook slowly for 20 to 30 minutes or until chicken is tender. If too thick, add a little water.

#### CHICKEN SUPREME

June Warnock

6 chicken breasts
2 Tbsp. butter or shortening
1 small onion, diced
1/8 c. green pepper, if desired

1 small jar pimentoes, sliced 1 can mushroom soup 3/4 can of milk salt and seasoning to taste

Melt butter in electric fry pan; add chicken breasts and brown well. Remove chicken, add onion and green pepper; saute. In mixing bowl mix the soup and milk well, add the pimentoes. Add this mixture to the onions; put chicken in the soup mixture and simmer for 45 minutes to 1 hour. Remove chicken. Serve separate. Serve the sauce with rice.

Write An Extra Recipe Here:



#### WHITE BREAD

Ruby Grafft

2 c. scalded milk 3 Tbsp. shortening

2 Tbsp. sugar

1 Tbsp. salt

1 cake yeast

2 Tbsp. lukewarm water

6 c. flour

Combine scalded milk, shortening, sugar and salt. Cool to lukewarm. Soften yeast in lukewarm water, stir into cooled milk mixture. Add enough flour to make a stiff dough; mix thoroughly. Turn out on floured board and knead until smooth and elastic. Place dough in greased bowl and let rise in warm place until doubled in bulk. Shape into loaves and place in 2 greased loaf pans. Let rise again until doubled in bulk. Bake in 325 degree oven for 1 hour. Brush loaf tops with melted shortening and turn out of pans to cool. After 10 to 15 minutes, turn again to prevent sweating.

#### DATE NUT BREAD

Jovce Gee

1 pkg. dates or 1-1/2 c. chopped dates

2 tsp. baking soda 2 c. boiling water

4 Tbsp. melted butter

2 c. sugar

1 tsp. salt

3 eggs 4 c. flour 2 tsp. vanilla

1 c. nut meats

Preheat oven to 300 degrees. Mix dates, soda and boiling water. Let cool. Cream butter, sugar and eggs. Add cooled date mixture. Add sifted flour and mix. Add nut meats and vanilla; mix well. Bake 1-1/4 to 1-1/2 hours in greased tin cans. Fill can 1/2 full. After it is baked, roll in powdered sugar.

#### TWELVE DAYS BEFORE CHRISTMAS BREAD

Mrs. Lucille Amy

6 c. white flour 2-1/2 tsp. salt 2 Tbsp. soft butter 1/2 c. molasses or honey 1 c. rolled oats

2 c. boiling water
2 pkgs. active dry yeast
1/3 c. lukewarm water (or
1/2 c. orange marmalade
and reduce the molasses to
1/4 c.)

Put rolled oats in large bowl and pour boiling water over them. Leave this about 1/2 hour. While the water is still lukewarm, soak the yeast by pouring it on top of the lukewarm water. Let stand for 5 minutes. Add to this mixture, salt, molasses, butter and special ingredients of the day, or any. Stir yeast and add to above mixture. Stir in 2 c. flour. Then 2 more c. flour. Knead in the last 2 c. flour. Let rise several hours, until twice its normal size. Work down several times, during this rising period. Make into 2 loaves. Cover and let rise again. (Pan size: 9x5x3 inches). Bake in 325 degree oven on rack about 4 inches above the bottom of the oven. Bake for 50 minutes. When done remove from pans, turn right side up on racks and butter the crust. The idea of this "12 days" recipe is that you should make this recipe each day for 12 days before Christmas. That way you will have a gift of bread for neighbors or special friends.

#### DILLY BREAD

Bea Lorain

1 pkg. yeast
1/4 c. lukewarm water
1 c. creamed cottage cheese
1/2 c. water
2 Tbsp. sugar
1 Tbsp. minced onion

1 Tbsp. butter or oleo 1 tsp. dill seed 1 tsp. salt 1/4 tsp. soda 1 egg

Dissolve yeast in lukewarm water. Heat cottage cheese and water until just warm. Add rest of ingredients. Flour enough to make dough for kneading. Bake in small loaves in 350 degree oven for 40 to 50 minutes. This recipe is over 100 years old.

#### EASY REFRIGERATOR ROLLS

Marjorie Garner

2 c. lukewarm water
1/2 c. sugar
1-1/2 tsp. salt
1/4 c. soft shortening (margarine)

2 cakes compressed yeast (or 2 pkgs. dry yeast) 6-1/2 to 7 c. flour

Dissolve yeast in 1/2 c. of the water. Add this to the remaining water, sugar, salt and shortening. Beat in 3 c. of flour by hand or with mixer, beating until smooth. Work in with hand or

#### EASY REFRIGERATOR ROLLS (Continued)

spoon 3-1/2 to 4 c. more flour, using amount necessary to make dough easy to handle. Round up dough (kneading unnecessary). Place in greased bowl and rub surface with soft shortening. Cover and let rise until double in bulk. Shape into rolls as you desire. If dough is to be used later, cover with double thickness of wax paper, then with damp cloth and place in refrigerator. Punch down occasionally and keep cloth damp. Dough will keep several days if kept at 50 degrees or lower and well covered with wax paper and damp cloth. Bake rolls at 400 degrees for 15 to 20 minutes.

#### LEMON CRACKERS

Frances Vee Hill

1 c. lard	1 tsp. oil of lemon
2-1/2 c. sugar	2 eggs
3 Tosp. pulverized baking	1 pt. milk
ammonia	flour (to make tough dough)

Dissolve the ammonia in milk. Cream sugar and lard together, add beaten eggs. Add milk and baking ammonia and oil of lemon. Stir in flour until very tough dough. Roll thin, cut into squares. Put on greased cookie sheets, pierce with a fork and bake in a quick oven. This is an old recipe, suggest using 1/2 the recipe to try it out.

#### BANANA OATMEAL COOKIES

Jerry Covey

1-1/2 c. flour	3/4 c. shortening
1 c. sugar	1 c. mashed bananas
1 tsp. salt	1-3/4 c. rolled oats
1/2 tsp. soda	1/2 c. nuts
1 tsp. cinnamon	1 egg, well beaten
1 tsp. nutmeg	_ 188, W 112 10 10 10 10 10 10 10 10 10 10 10 10 10

Mix all ingredients well. Do not add any liquid.

#### CRISP SUGAR COOKIES

Marjorie Garner

2-1/2 c. sifted flour	1 c. butter
2 tsp. cream of tartar	1 tsp. vanilla
1 tsp. baking soda	1 c. sugar
1/2 tsp. salt	2 eggs

Sift together flour, cream of tartar, soda and salt and set aside. Cream butter, vanilla and sugar until fluffy. Add eggs in thirds, beating well after each addition. Add dry ingredients in fourths, mixing well. Chill dough for 1 hour. Shape into small balls and place 2 inches apart on cookie sheet. For glaze, dip bottom of a glass in water, then in sugar. Flatten each ball with sugar coated glass. Bake in 375 degree oven for 8

#### CRISP SUGAR COOKIES (Continued)

minutes or until edges are lightly brown. Makes about 5 doz. cookies.

#### OATMEAL COOKIES

Leila Appling

1 c. sugar	1 c. raisins, cooked
1 c. shortening, scant	1 c. nut meats, chopped
2 eggs	2 c. flour
2 c. oatmeal (quick)	1 tsp. baking powder
6 Tbsp. raisin juice	1 tsp. salt
1 tsp. soda dissolved in juice	1 tsp. vanilla

Cook raisins until soft; cool. (Use enough water to have 6 Tbsp. of juice). Cream shortening and sugar, add eggs, beat well. Add oatmeal and beat. Add raisin juice and soda; then raisins and nuts. Last add flour and baking powder and salt sifted together. Drop from teaspoon onto ungreased pan. Bake in 375 to 400 degree oven for 10 to 12 minutes.

#### BEDTIME COOKIES

Dare Fedde

2 c. brown sugar	3 c. flour
1 c. shortening	1 tsp. soda
2 eggs	1-1/2 c. nuts
1 ten aream of tartar	

Cream shortening and sugar; add eggs and beat well. Sift flour, soda and cream of tartar and add to creamed mixture. Add nuts. Mix good, make into 4 rolls and chill overnight. Cut and bake in 350 degree oven for approximately 10 minutes.

#### PUDDING COOKIES

Lucille Amy

1 pkg. instant pudding (any	1 egg
flavor)	1/4 c. Mazola corn oil
3/4 c. Bisquick	

Mix ingredients well. Bake in 350 degree oven for 8 to 10 minutes.

#### CONGO BARS (Cookies)

Doris Dorman

2-3/4 c. sifted flour	3 eggs
2-1/2 tsp. baking powder	1 c. walnuts
1/2 tsp. salt	1 small pkg. chocolate chips
1 pkg. brown sugar	2/3 c. shortening

Mix and sift flour, baking powder and salt. Melt shortening and add brown sugar. Stir until well mixed. Allow to cool slightly. Add eggs, 1 at a time, beating after each. Add dry ingredients then nuts and chocolate chips. Pour in greased pan. Bake in 350 degree over for 25 to 30 minutes.



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#### CHOCOLATE CHIP COOKIES

Shirley Caldwell

2 c. + 4 Tbsp. sifted flour 1 tsp. baking soda	1 tsp. vanilla 1/2 tsp. water
1 tsp. salt	2 eggs
1 c. soft shortening or butter	1 c. chocolate chips (1 - 6 oz.
12 Tbsp. granulated sugar	pkg.)
12 Then, brown sugar packed	1 c. coarsely chonned muts

Sift together flour, soda and salt; set aside. Blend until smooth butter or shortening, granulated sugar, brown sugar, vanilla and water. Beat in eggs. Add flour mixture; mix well. Add the chocolate chips and nuts. Drop by 1/2 tsp. on greased cookie sheet. Bake in 375 degree oven for 10 to 12 minutes. Yield: approximately 8 doz. cookies.

#### OATMEAL COOKIES

Ella J. Luke

Place shortening, sugar, eggs, water and flavoring in bowl. Beat thoroughly. Sift together flour, salt, soda and baking powder and spices if used. Add to shortening mixture, blend in oatmeal and drop by teaspoonful onto greased baking sheets. Bake in 350 degree oven for 12 to 15 minutes. For variety, may add chocolate chips or coconut.

#### APPLESAUCE COOKIES

**Harriet Cumpton** 

1/2 c. shortening	2 c. flour
1 c. brown sugar	1/2 tsp. salt
1 egg	1/2 tsp. baking soda
1 c. raisins	2 tsp. baking powder
1 tsp. cinnamon	1/2 tsp. nutmeg
1/2 c. applesauce	1/2 c. chopped nuts

Cream shortening and sugar. Add egg, beat well. Mix dry ingredients together, mix raisins and nuts in flour. Add alternately with applesauce. Drop in teaspoonfuls on a greased baking sheet. Bake in 350 degree oven for 8 to 10 minutes. Sprinkle tops with sugar before baking.

#### "RANGER" COOKIES

Lorna Cairns

1 c. shortening 1 c. granulated sugar	1 level tsp. baking powder 1/2 tsp. salt
1 c. brown sugar	2 c. rolled oats
2 large eggs 2 c. flour	2 c. Wheaties 1 c. cocoanut
1 level tsp. soda	1 tsp. vanilla

Cream together shortening and sugars. Add and stir in well the eggs. Sift together, then add flour, soda, baking powder and salt. Sift together then add oats, Wheaties, cocoanut and vanilla; mix well. Drop by teaspoonfuls on greased cookie sheet. Bake approximately 10 minutes in 350 degree oven.

#### OLD FASHIONED CHOCOLATE DROP COOKIES Sylva Doran

1/2 c. soft shortening 1-1/2 c. sugar 2 sq. (oz.) unsweetened chocolate, melted 2 eggs	1 tsp. vanilla 2-2/3 c. sifted flour 1/2 tsp. soda 1/2 tsp. baking powder 1/2 tsp. salt
1 c. thick sour cream	1/2 to 1 c. nut meats (if desired)

Place sugar, shortening and beaten eggs in bowl and mix thoroughly until light and fluffy. Stir in melted chocolate. Add sour cream and vanilla. Stir well. Sift together flour, soda, baking powder and salt. Stir into first mixture. Add nuts. Chill dough at least 1 hour. Drop by generous teaspoonfuls about 2 inches apart on ungreased cookie sheet. Bake 8 to 10 minutes in 375 to 400 degree oven.

#### PINEAPPLE COOKIES

Sylva F. Doran

1 c. brown sugar 1 c. white sugar 1 c. shortening 2 eggs	1 c. chopped nuts 1 c. crushed pineapple 4 c. sifted flour 1 tsp. soda
1 tsp. salt	

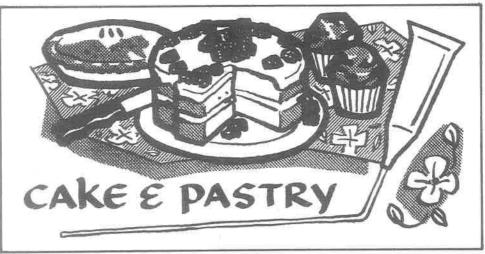
Cream brown and white sugar with shortening. Add eggs and vanilla. Sift together flour, salt and soda. Add to first mixture and stir well. Blend in pineapple and nuts. Drop by teaspoonfuls on lightly buttered cookie sheet. Bake in a moderate oven for 12 to 15 minutes.

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#### APPLESAUCE CHIFFON CAKE

Janice Cooke

1/2 c. soft butter 1-1/2 c. sugar 3 egg yolks 2 tsp. soda 2 tsp. water 2 c. flour 1 tsp. cinnamon 1/2 tsp. cloves 1/2 tsp. nutmeg 1/2 tsp. salt 1-1/2 c. applesauce 1 tsp. vanilla 1/2 c. chopped nuts 1/2 c. raisins 3 egg whites

Cream together the butter, sugar and egg yolks. Add the soda which has been dissolved in the 2 tsp. water. Sift together the dry ingredients and add alternately with the applesauce. Add the vanilla, nuts and raisins. Beat the egg whites and fold into the batter. Bake in greased tube pan for 1 hour and 5 minutes in 325 degree oven.

#### PUMPKIN CAKE

Shirley Caldwell

1/2 c. shortening 1-1/4 c. sugar 2 eggs, beaten 1 c. cooked pumpkin 6 Tbsp. sour milk 2 c. flour 1 tsp. soda 1 tsp. baking powder
1/2 tsp. salt
1 tsp. cinnamon
1/4 tsp. each nutmeg, cloves,
 allspice
1 tsp. vanilla
1/2 c. walnuts

Cream together shortening and sugar. Add beaten eggs and pumpkin; beat well. Add sour milk. Sift together flour and other dry ingredients. Add about 1/4 at a time, beating well between each addition. Add vanilla and walnuts. Bake in about a 300 degree oven for 30 minutes or until done. Makes 2 - 8 or 9 inch layers.

#### FOOL PROOF REFRIGERATOR CAKE

Dare Fedde

3/4 c. graham cracker crumbs

1 pt. vanilla ice cream

1 c. milk 1 pkg. instant pudding mix

Line the bottom of a buttered baking dish, 9x9x2 inches, with the graham cracker crumbs. Slightly soften 1 pt. vanilla ice cream in a medium size bowl. Beat in milk; then pudding mix until well blended. Pour into crumb-lined pan. Chill 1 hour or until firm.

#### WACKY CAKE

Joyce Gee

1-1/2 c. flour 1 c. sugar 1/4 tsp. salt 1 tsp. soda 1/4 c. cocoa 1 Tbsp, vinegar 1 tsp, vanilla 1/3 c. oil 1 c. cold water

Do not grease pan in which you bake it. Mix it up in baking pan. Put dry ingredients into pan. Stir enough to mix dry ingredients. Make 3 indentation in dry ingredients. In each "hole" place 1 of the following items: 1 Tbsp. vinegar, 1 tsp. vanilla and 1/3 c. oil. Pour 1 c. cold water over the top. Stir until well mixed. Bake in 350 degree oven for 25 to 30 minutes or until a toothpick comes out clean.

#### BROKEN GLASS CAKE

Shirley Caldwell

4 pkgs. different flavors of Jell-O
1 env. Knox Gelatine
1/4 c. cold water
1 c. hot pineapple juice
2 c. whipping cream

1/2 c. sugar
1 tsp. vanilla
Pan Lining:
18 crushed graham crackers
1/2 c. sugar
1/2 c. soft butter (or margarine)

Dissolve each pkg. of Jell-O in 1-1/2 c. hot water. Chill each in a separate pan until thickened. Then cut into 1/2 inch cubes. Soften gelatine in cold water, then melt in the hot pineapple juice; let cool. Whip cream, beating in sugar and vanilla. Fold into cooled pineapple juice-gelatine mixture and cubed Jell-O. Pour into large flat pan which has been lined with the graham crackers, sugar and butter. Chill at least 12 hours, preferably 1 day.

#### COCOA. CAKE

Marjorie Hamilton

1/2 c. sugar 1/2 c. cocoa 1/2 c. hot water 1/2 c. shortening 1 c. sugar 2 eggs
2 c. sifted flour
1 tsp. soda
1/2 tsp. salt
1 c. buttermilk

#### COCOA CAKE (Continued)

Combine sugar, cocoa and water. Cook until glossy. Cool. Cream sugar and shortening. Add eggs, 1 at a time. Add cooled cocoa mixture. Mix flour, soda, salt together and add alternately with sour milk. Bake in 375 degree oven. Round pans for 35 minutes and oblong pan for 50 minutes.

#### QUICK CAKE

Marjorie Murray

1 large carton frozen strawberries or

1 - 20 oz. can crushed pineapple

1 - 3-1/4 oz. pkg. regular vanilla pudding mix 1/2 tsp. lemon rind 1-1/2 Tbsp. lemon juice 1 large angel food cake

Mix strawberries or pineapple (do not drain) with pudding mix in saucepan. Cook over medium heat, stirring constantly, 5 to 10 minutes or until very thick. Stir in lemon juice and rind. Cool and chill in refrigerator. Shortely before serving, cut cake crosswise into 3 layers. Spread filling between the layers. Cover with a pour-on icing, a whipped cream icing, or creamy frosting (found elsewhere in this book).

#### ICE WATER CAKE

Susella Dallas

1-1/2 c. sugar 1/2 c. butter or Crisco 5 egg whites dash of salt 2-1/2 c. cake flour sifted 5 to 6 times
2 tsp. baking powder
1 c. ice water
1-1/2 tsp. vanilla

Cream butter and sugar very well. Add salt, then sifted flour and ice water alternately; add vanilla. Beat egg whites, add them to baking powder and beat again. Fold into other mixture. Bake as usual. Makes 2 large layers.

Filling for layers: 5 egg yolks 1/2 c. powdered sugar

1/2 c. sour cream 2 tsp. butter

Cook until thick. Add 1/2 c. chopped nuts. Cool and spread on cake.

#### BANANA CAKE

Jerry Covey

2-1/4 c. sifted flour 2 tsp. baking powder 1/2 tsp. soda 1 tsp. salt 1-1/2 c. sugar 1 tsp. lemon juice in 1 c. bananas (3 mashed) 1/2 c. shortening 2/3 c. butter

#### BANANA CAKE (Continued)

Mix 2 minutes. Add 2 eggs and 1-1/2 tsp. vanilla and 1/2 c. nuts.

#### FRUIT COCKTAIL CAKE

Echo Day

1 can fruit cocktail (No. 303 1 tsp. soda can) 1 egg 1 c. flour

Drain cocktail. Add juice to beaten eggs. Add sugar, flour and soda and beat. Add cocktail and pour into 8 inch square pan that has been oiled and floured. Sprinkle 1 c. brown sugar and coarsely cut nuts over batter and bake in 375 degree oven for 30 minutes or until done. Serve with chilled cream, whipped.

#### SAUSAGE CAKE

Mrs. Barbara Doran

1 lb. country sausage
1/2 c. hot coffee
1/2 to 1 c. nut meats
3 c. sifted flour
2 c. brown sugar
1 heaping tsp. soda
1 tsp. cinnamon
7 oz. pkg. dates
1/2 tsp. cloves
1 tsp. nutmeg

Mix the sausage with the hot coffee. Stir in flour, soda and other spices. Mix other ingredients in order given. Bake for 55 minutes in 350 degree oven. This is a moist cake and is best baked in angel pan or spring tube pan as the center is slow to bake.

#### FAVORITE GINGER CAKE

Mrs. Jeannie Whitney

1 c. sugar
1 c. shortening
2 (generous) level tsp. soda dissolved in 1-1/3 c. boiling
2 eggs
2 eggs
1-1/2 tsp. ginger (heaping)
1 tsp. cinnamon
1/2 tsp. allspice
2 (generous) level tsp. soda dissolved in 1-1/3 c. boiling
water
flour enough to make a medium
thin batter – about 3 c.

Mix in order given and bake in a large cake pan, 10x15 inches about 45 to 50 minutes in 350 degree oven.

#### PRUNE CAKE

Ruby Grafft

1/2 c. butter
2-1/2 c. flour
1-1/2 c. sugar
2 tsp. baking powder
3 eggs
1 tsp. soda
1 pt. stewed prunes
1/2 c. sour milk
2-1/2 c. flour
2 tsp. baking powder
1 tsp. vanilla
1 c. chopped nuts

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## PRUNE CAKE (Continued)

Cream butter and sugar. Add beaten egg yolks. Sift dry ingredients. Add alternately with milk. Add chopped prunes, nuts and vanilla. Fold in stiffly beaten egg whites. Bake in greased loaf pans for 30 minutes in 350 degree oven.

## RED VELVET CAKE

Cherrill Spears

1/2 c. shortening
1-1/2 c. sugar
2 eggs
2 tsp. cocoa
2 oz. red food coloring
1/2 tsp. salt
1 tsp. vanilla
1 c. buttermilk
2 -1/2 c. flour
1-1/2 tsp. vinegar
1 tsp. soda

Cream shortening, sugar and eggs. Make a paste with cocoa and food coloring and add to creamed mixture. Mix salt and vanilla with buttermilk and add alternately with flour to creamed mixture. Mix soda and vinegar and fold into the mixture. Do not beat. Bake in 2 - 9 inch pans that have been greased and floured. Bake for 30 minutes in 350 degree oven.

Frost as follows: 5 Tbsp. flour 1 c. milk 1 c. sugar

1 c. butter 1 tsp. vanilla

Cook flour and milk until thick, stirring constantly. Let cool until completely cold. Cream together sugar, butter and vanilla. Add to cold flour and milk mixture. Beat until consistency to spread.

## SUGAR PLUM COFFEE RING

Ruby Grafft

1 c. milk
1 pkg. dry yeast
1/3 c. raisins
1/4 c. water
1/3 c. butter
1/3 c. oandied cherries
1/3 c. nuts
1/4 c. sugar
3-1/2 c. flour
1 tsp. salt
1 egg

Soften yeast in the 1/4 c. warm water and set aside. Scald milk and pour over butter, sugar and salt. Stir to melt and cool to lukewarm. Add 1 c. flour, beaten egg and yeast; mix well. Add remaining flour. Mix until smooth and elastic. Let rise in greased bowl until doubled in bulk. Cut dough into 32 equal pieces. Roll in the melted butter, then in the sugar and spice mixture. Arrange 1/2 the balls in a tube pan. Sprinkle with 1/2 the nut fruit mixture. Arrange the rest of the balls and sprinkle with the rest of the fruit-nut mixture.

## SUGAR PLUM COFFEE RING (Continued)

Sprinkle any remaining sugar and cinnamon over the top, as well as the remaining butter. Let rise 1 hour. Bake in 325 degree oven for 1 hour. Turn out immediately and serve while still warm.

#### NEVER FAIL PASTRY

Dare Fedde

3 c. flour 1 egg 1-1/4 c. shortening 5 Tbsp. cold water 1 tsp. salt 1 Tbsp. vinegar

Cut shortening into flour and salt. Mix egg, water and vinegar together and add to mixture. Makes 2 - 2 crust pies.

Write Extra Recipes Here:

# DESSERTS

## HERSHEY'S

FOR CAKES, COOKIES, ICINGS. CHOCOLATE FLAVORED DRINKS

## FUDGE CAKE



- teaspoon soda
- textpoon haking pareder
- 1/2 teaspeon salt 1/2 can shortening
- 11/2 CUS SUSSE teaspoon vanilla
- 1 2 1995
- cup som wilk 1/2 cast Hersbery's Cucan 1/3 can but water

- ( Using .Hershey's Cocoa ) 1. Sift together flour, sada, bak
  - ing powder and salt.
    Cream shortening and suppr.
    3. Add vanilla and well-beaten

  - 4. Beat until fluffy. 4. Beat until norty. milk to
    5. Add measured mixture atternately creamed mixture with dry inspecdients, beating thoroughly after each addition.
    6. Mix Hershey's Cocan and hot water to form a smooth paste.

    2. See hote better 5. Add

    - 7. Beat into batter.
      8. Pour into 2 9" layer pasts.
      9. Bake in moderate oven (3500 F.) 30 35 minutes.
      10. Coal and remove from pans.
      11. Spread with any Chocutate icinu.

# QUICK CHOCOLATE FROSTING

Baking Checolate

- ( Bsing Hershey's Baking Checolate ) tablespaces butter
- squares Hershey's Baking Checo-
- cupe confections's sugar 3 1/2 cop milit
- 7 females vanila
- 1/4 formation soft
- Melt better and Hershoy's Baking Chocalate in double beiter,
- Measure sifted confectioner's segur
- 4. Heat mile and said to sugar. Best until smeeth.
- 6. Add vestile, salt, and checolate 7. Boat until smooth and thickened,

## CHOCOLATE TOWN COOKIES

(Using Hershoy's Somi-Sweet Baintins)



- 1/4 cup shortening 1/4 cup grassisted sugar 1/2 cap brown sugar
- 1/4 tempoon vadila
- cop and 2 level tablespaces sifted
  - 1/4 tempour sods 1/4 tesapeen salt Com (6 nunces) Hershey's Semi-Sweet Dainties
  - 1/2 cap chapped mits

- Crosm shortening, ungar and brown sugar, firmly packed, and vanilla until light and firstly.
- 2. Feld in well-besten opy
- 3. Sift flour, seds, salt.
- 4. Add to the treamed subture. 5. Stir in Horshoy's Somi-Sweet Baintins and chopped mits. S. His Gerengthly.
- 7. Drup by small operation on granced bulling sheet.
- 8. Bake in mederate even (375° F.) about 10 minutes,
- Yield 50 cookies.

## INSTANT CHOCOLATE FLAVORED MILK DRINKS

( Using Hershey's Instant Cocoa Mix )

COLD CHOCOLATE MILK Place milk in a tall glass. Add 2 heaping teaspoons Hersbey's In-stant Cocca Mix. Stir well. Quan-

HOT COCOA

Place 2 heaping teaspoons Hershey's Instant Cocea Mix in a cup. Fill cup with hot milk. Stir until



## VANILLA ICE CREAM

6 c. milk 1-1/2 c. sugar 6 heaping tsp. flour 1 c. cold milk

4 eggs 1 qt. cream 2 Tbsp. vanilla

Using very large saucepan or Dutch oven, scald milk over low heat. Combine flour and sugar, add to milk. Beat eggs together, combine with milk and add to milk mixture. Cook over low heat. stirring frequently, until thickened. Cool (chill) and add cream and vanilla. If desired, substitute non-fat dry milk for milk and 4 env. Dream Whip (just mixed, not whipped) for cream. This is a basic recipe which can be varied by adding fruits, chocolate or my favorite peppermint flavoring, red food color and some candy bits.

## HOME MADE ICE CREAM

Shirley Caldwell

4 eggs, well beaten 1/2 tsp. salt 1-3/4 c. sugar

2 pts. Half & Half (or 1 pt. whipping cream) 2 Tbsp. vanilla

Mix eggs, salt, sugar and cream in bowl. When thoroughly mixed pour into gal. freezer and add whole milk until freezer is 3/4 full. (Do not fill freezer too full, there must be room for expansion). Freeze in usual manner. Makes 1 gal. ice cream.

## TOPPINGS (Dessert)

Margaret Walter

2 Tbsp. (2 pkgs.) gelatin 4 Tbsp. cold water

2 c. maple syrup

2 c. hot milk

1 pt. whipped cream or 1 pkg. Dream Whip

Dissolve gelatin in cold water. Add hot milk and cool. Add syrup to cooled mixture and jell slightly. Fold whipped cream into jelled mixture. Mix well with mixer. Pour into 13x9 inch pan lined with rolled vanilla wafers. Top with more vanilla wafer crumbs and chill thoroughly. Serves 9 to 12.

## ANGEL CHERRY DESSERT

Kay Wells

1 large angel food cake 2 pkgs. vanilla pudding

1 can cherry pie filling

Prepare pudding following box directions. While it is cooling break cake in bite size pieces, place in large pan (cake pan). Pour pudding over it and mix well. Chill until firm. Cut into squares and top with cherry pie filling. Serves 12 people.

Joyce Gee

#### CHERRY CRUMB

1-1/2 c. flour 1-1/2 c. oatmeal 1 c. brown sugar 2/3 c. shortening 1/2 tsp. salt 1/2 tsp. soda 2 c. cherries 2 Tbsp. flour 1 c. sugar

Mix first 6 ingredients together. Put 1/2 of mixture on bottom of pan and pat down. Make a filling of the cherries, flour and sugar. Cook until thick and pour over bottom layer. Crumble the rest of the first mixture over the top. Bake for 30 minutes in 350 degree oven.

## CHERRY CRUNCH

Marjorie Garner

1/4 c. flour
3/4 c. sugar, granulated
1 c. oats
1 can sour pie cherries (No.
303)
1/4 tsp. red food color
1/2 tsp. soda
1 c. oats
1/2 tsp. salt
1/2 tsp. salt
1 c. brown sugar
1-1/2 c. flour

Combine flour, granulated sugar, juice from the berries (approximately 3/4 c.) and red food color. Cook over direct heat, stirring constantly until thick. Add drained cherries and cool. Mix together flour, soda, oats, salt and brown sugar. Cut in the shortening. Press 1/2 this mixture into ungreased baking dish. Pour cherry mixture onto this and cover with remaining oats mixture. Bake in 350 degree oven for 20 to 25 minutes. Very good served with vanilla ice cream.

#### RHUBARB CRUNCH

Sylva Doran

3 c. diced, fresh rhubarb
1 c. sugar
1 c. oatmeal
1 c. flour
1 c. brown sugar
1 c. oatmeal
1-1/2 c. flour
1/2 c. butter

Butter Sauce: 2 level Tbsp. butter 3 level Tbsp. flour 1-1/2 c. boiling water

1/2 c. sugar 1 tsp. vanilla or lemon flavoring

Combine rhubarb, 1 c. sugar and 3 Tbsp. flour. Place in greased 10x10 inch baking dish. Combine brown sugar, oatmeal, 1-1/2 c. flour and 1/2 c. butter. Mix together thoroughly and sprinkle over rhubarb mixture. Bake for 40 minutes in 375 degree oven. Serve warm with cream or butter sauce.

Butter Sauce: Mix unmelted butter and flour thoroughly. Set in double boiler and stir in quickly 1-1/2 c. boiling water. Stir until thick. Add 1/2 c. sugar and flavoring. Remove from

heat and serve on crunch.

4 Tbsp. butter	1/2 tsp. soda
1/2 c. brown sugar	1-3/4 c. flour
1 egg (2) if very small	1 tsp. baking powder
1 c. grated raw carrot	1/2 tsp. salt
1 tsp. grated orange rind	1/2 tsp. cinnamon
1 tsp. grated lemon rind	1/2 tsp. cloves
1 Tbsp. lemon juice	1/2 c. chopped nuts (optional)

Syrup:

1-1/2 c. granulated sugar 3 Tbsp. butter 1/2 c. currants, dried 2 c. water

Mix batter ingredients in order given. (The carrots provide the liquid).

Mix the syrup in a 1-1/2 to 2 qt. vapor-seal covered saucepan (I use range cooker pot); then bring to a full rolling boil. Pour batter into boiling syrup. Do not stir. Cover immediately. When steam escapes vigorously from steam vent, turn current off. Allow to cook on stored heat for 45 minutes. Serve hot with or without whipped cream. The syrup makes the sauce for the pudding.

## DANISH PUFF

Kathryn Heddon

Part 1:	1/2 c. butter
1 c. sifted flour	2 Tbsp. water

Heat oven to 350 degrees. Measure the flour into a bowl. Cut in butter. Sprinkle with the water and mix with a fork. Round into a ball and divide in 1/2. Pat dough with hands into 2 long strips 12x3 inches. Strips should be 3 inches apart on an ungreased baking sheet.

Part 2:	
1/2 c. butter	1 c. sifted flour
1 c. water	3 eggs
1 tsp. almond flavoring	88

Place butter and water in a pan and bring to a rolling boil. Add almond flavoring and remove from heat. Stir in flour immediately to keep it from lumping. When smooth and thick add 1 egg at a time and beat until smooth. Divide evenly over part 1 on the cookie sheet. Bake for 60 minutes in 350 degree oven. Frost while warm with powdered sugar icing. Sprinkle with chopped nuts, if desired.



BUTTER MILK FUDGE

LaWanda L. Rapp

1/2 c. butter 2 c. sugar 1/2 c. white Karo 1 c. buttermilk 1 level tsp. soda

Cook this mixture until it forms a soft ball in cold water. Add 1 tsp. vanilla flavoring and also 1/2 to 1 c. walnuts, if desired. As soon as the mixture begins to thicken after soft ball is formed in the water and flavoring has been added, remove from pan and pour onto a large platter or dish that has been gone over with butter or margarine.

## CARAMELS

Marjorie Garner

2 c. granulated sugar 1 c. white Karo syrup 1/4 lb. butter 1 c. whipping cream nuts
1 c. whipping cream

Combine sugar, Karo syrup, butter and 1 c. cream in saucepan and boil to the soft ball stage. Add the other cup of cream and boil to hard ball stage. Add nuts (optional) and pour into large greased pan. Let stand until cold before cutting.

## PENUCHE

Kay Wells

1 c. brown sugar 2 Tbsp. butter 2 c. white sugar 1 tsp. vanilla 1-1/2 c. evaporated milk 1 c. nuts

Mix sugar and milk well. Bring to boiling point, stirring until sugar is dissolved. Cook at 236 degrees or until at soft ball stage. Add butter and cool until lukewarm, then beat until creamy. Add vanilla and nuts. Pour into greased platter and chill.

3/4 c. cocoa
3 c. sugar
3 Tbsp. white corn syrup

1-1/8 c. Sego milk
6 Tbsp. water

Mix together in saucepan until well blended. Cook over low heat, stirring constantly, until sugar is dissolved. Then boil slowly, stirring occasionally until a few drops form soft ball when dropped in cold water. Cool at room temperature without stirring until lukewarm. Add to cooled candy 1/8 tsp. salt and 1-1/2 tsp. vanilla. Beat until it holds its shape. Pour into buttered pan and cut into squares. 3/4 c. chopped nuts may be added.

## P-NUT BRITTLE

Candance Smith

In an iron skillet, cook the following ingredients to soft ball stage:

1 c. white corn syrup

1/2 c. water

2 c. sugar

Add 2 c. peanuts and cook to 301 to 302 degrees. Add and stir until blended:

1-1/2 Tbsp. butter 1-1/2 tsp. vanilla

2 tsp. soda

Pour onto greased cooky sheet and stretch. Break into pieces when cold.

## CRISP SUGARED WALNUTS

Kay Wells

2-1/2 c. California walnut halves
1 c. sugar

1 tsp. cinnamon 1 tsp. salt 1-1/2 tsp. vanilla

1/2 c. water

Place nuts in shallow pan. Heat at 375 degrees for 15 minutes. Stir frequently. Take nuts out of oven. Cook sugar, water, cinnamon and salt to soft ball stage (236 degrees) without stirring. Remove from heat; add vanilla and nuts. Stir gently until nuts are well coated and mixture becomes creamy. Turn out on greased platter. Separate as they cool.

## POPCORN BALLS

Jerry Covey

1 c. sugar 1/4 c. butter 1/3 c. white Karo 3/4 tsp. salt 1/3 c. water 3 gts. popped corn

## POPCORN BALLS (Continued)

Stir and cook sugar, syrup, butter and salt until sugar is dissolved. Continue cooking, without stirring, until syrup forms a brittle ball in cold water. Add vanilla and pour slowly over popped corn; mix until it coats each kernel. (Keep corn warm until mixed with syrup). Grease hands with butter before shaping into balls. Nuts, candied cherries or raisins may be added before combining with syrup.

Write Extra Recipes Here:

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SEE

## JIM WILLIAMSON

FOR

B. F. Goodrich & Mohawk

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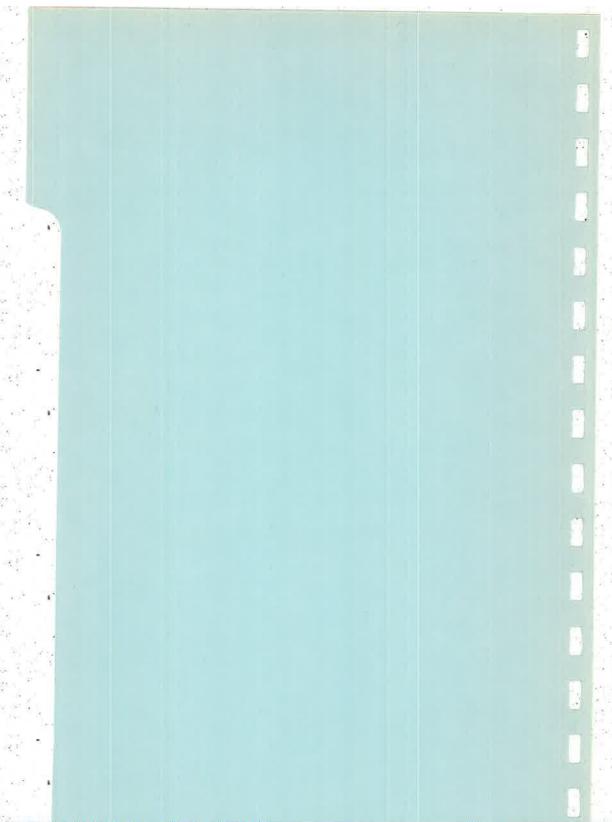
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## CHOKE CHERRY NECTAR

Mrs. W. C. Dawes

12 lbs. choke cherries 3 oz. tartaric acid

2 qts. water 1-1/2 pts. sugar to each pt. juice

Wash and grind Choke cherries, seeds and all, add the tartaric acid and 2 qts. water; mix all together. Place in a stone jar for 48 hours, stirring occasionally. Strain through a fine collander and then through a cloth until all juice is extracted. To each pt. of juice add 1-1/2 pts. sugar. Stir and dissolve well, then place in containers or jars and seal. This syrup is excellent on hot cakes or over ice cream. For a drink, mix 1/4 c. nectar and 1 tsp. lemon juice in a drinking glass and fill with ice water. The pulp may be simmered for a while with an equal amount of water. The juice strained out makes excellent jelly using Certo.

#### FRENCH DRESSING

**Emeline Cotner** 

1 tsp. onion salt 2 tsp. salt 1/2 tsp. pepper 1/2 tsp. paprika 1 tsp. garlic salt 1 Tbsp. dry mustard 1 c. sugar 1/2 c. vinegar 1 c. catsup 3/4 c. tomato soup 1 to 1-1/2 c. salad oil

Mix and keep in refrigerator. Use as needed. Makes 1 qt.

## RUSSIAN DRESSING

Candance Smith

Mix together: 3/4 c. mayonnaise 3 Tbsp. chili sauce 1 tsp. minced chives 1 Tbsp. minced stuffed olives 1 Tbsp. minced capers

## Candance Smith

## ROQUEFORT DRESSING

1 qt. mayonnaise 2 c. buttermilk

1 tsp. salt

1 tsp. garlic powder or 2 tsp.

garlic salt 39¢ pkg. Good Seasons blue cheese powdered mix

-- --- 11

Mix well.

## POPPY SEED DRESSING

Leila Appling

1 c. sugar (rounded) 2 tsp. dry mustard

2 tsp. salt

3 Tbsp. finely grated onion 1/2 c. +2 Tbsp. vinegar

Mix above ingredients. Slowly add 2 c. salad oil and beat during entire addition. Add 3 Tbsp. poppy seed. Makes 1 qt.

## CREAMY FROSTING

Marjorie Murray

1 c. milk 5 Tbsp. flour 1/2 c. margarine 1/2 c. Crisco 1 c. powdered sugar pinch of salt 1 tsp. vanilla

Combine milk and flour in a saucepan and boil until it is very thick and forms a ball. Cool and then beat until smooth. Add remaining ingredients and continue beating until very fluffy. May be stored in refrigerator until needed.

## CHOCOLATE ICING

Marjorie Hamilton

1 c. sugar 1/2 c. thin milk 1/2 c. butter or oleo 3-1/2 Tbsp. cocoa 1 Tbsp. vanilla

Mix above ingredients in saucepan. Bring to boil and boil until soft ball is formed when dropped in cold water. Remove from heat and add vanilla. Cool. Beat until ready to spread.

## BARBECUE SAUCE (for Spareribs, Pork or Beef Roast)

Ruby Grafft

2 Tbsp. butter
1 onion
1 clove garlic
1/2 c. diced celery
3/4 c. water
1 c. catsup
2 Tbsp. vinegar

2 Tbsp. Worcestershire sauce 2 Tbsp. brown sugar 1 tsp. dry mustard 1 tsp. salt

2 Tbsp. lemon juice

1 tsp. sait 1/4 tsp. pepper

Saute onion, garlic and celery in butter. Add remaining ingredients and heat. Pour over ribs or roast and roast meat usual time. Sauce may be thickened for gravy.

## HOT GINGER TEA

## Sylva Doran

2 large pieces crystallized ginger,

4 tea bags 2 to 3 inch cinnamon sticks

slice very thin 8 whole cloves 3 to 4 Tbsp. sugar 6 c. boiling water

Combine tea, cinnamon sticks, cloves, crystallized ginger and sugar in large teapot. Pour boiling water over tea, spices and sugar; allow to steep 3 minutes. Remove tea bags and steep 5 minutes more. To serve, pour tea into heated cups and float a quarter of a sliver of orange in each cup.

## SANDWICH SPREAD

Lucille Amv

4 Tbsp. flour 12 green tomatoes 15 red and green sweet peppers 3 c. sugar 1 qt. mayonnaise 2 onions 1 pt. carrots (ground) 1 Tbsp. salt 1 pt. prepared mustard 1 Tbsp. celery seed

Boil together tomatoes, peppers, onions, carrots, mustard, flour and sugar. Remove from heat and add remaining ingredients. Cover and store in a cool place.

## LEMON BUTTER

**Margaret Walter** 

juice and rind of 3 lemons 3 eggs, well beaten 2 c. sugar

1 level Tbsp. cornstarch (or 3-1/2 Tbsp. flour) 3/4 c. water 1 Tbsp. butter

Combine all ingredients in double boiler or saucepan over low heat, cook until thick and clear. 'Real Lemon' may be substituted for the lemon and juice. Use as a spread for toast and rolls. Also may be used for a cake filling or frosting.

## EGG NOODLES

Ruth Ott

2 eggs 2 Tbsp. milk 1/2 tsp. baking powder

1/2 tsp. salt enough flour to make stiff enough to roll

Beat eggs and add milk. Mix dry ingredients together then stir in mixture of eggs and milk. When stiff, roll out very thin on paper and let dry until they may be cut in ribbons without breaking. Serves 3 to 4 people.

## HOMEMADE NOODLES

Marjorie Hamilton

3 egg yolks

1 whole egg 3 Tbsp. cold water 1 tsp. salt 2 c. sifted flour

Beat yolks and egg until very light. Beat in water and salt. Stir in and work in with hands the flour. Divide the dough, roll out as thin as possible. Let dough partially dry, then roll up as for jelly roll and cut into desired width. Shake out strips and allow to dry before using or storing.

## **BAKED BEANS**

Marjorie Murray

2 large cans pork and beans 3/4 c. brown sugar 1 tsp. dry mustard

3 slices bacon, chopped 1/2 c. catsup

Combi ne all ingredients except bacon and empty into a greased casserole. Sprinkle the chopped bacon over the top. Bake in 325 degree oven for 3 to 4 hours as desired.

## BAKED RICE

Marjorie Murray

3 Thsp. butter or margarine

1 c. raw rice

3 c. boiling water 2 Tbsp. parsley flakes

3 chicken bouillon cubes

Heat oven to 350 degrees. Melt butter in skillet. Add rice and cook over moderate heat until lightly browned. Spoon into 1-1/2 qt. casserole. Dissolve bouillon cubes in boiling water; pour over rice. Sprinkle with parsley. Cover and bake for 50 minutes. Serves 6.

Write An Extra Recipe Here:

## OVEN TEMPERATURE CHART

Moderate	250 degrees - 325 degrees F. 325 degrees - 375 degrees F. 375 degrees - 425 degrees F. 425 degrees - 450 degrees F. 450 degrees - 475 degrees F.
BREADS	Minutes Temperature 50-60 400
Loaf Rolls Biscuits Muffins Popovers Corn bread Nut Gingerbread	20-30
PIES Pumpkin	
Two-crust	. 10-12 450
COOKIES	
Drop Rolled	8-12 400
Ice box Molasses	
CAKES Angel Sponge Cup Layer Loaf Sheet Pound	60 325 25 350 25-30 375 45-60 350 20-30 375
MEAT AND POULTRY Beef, rare	. 20 min. to lb 300
Beef, medium Beef, done	25 min. to lb 300
Pork	40 min. to lb 350
Ham, smoked	35 min. to lb
Veal Chicken	
Duck	25 min. to lb 350
Turkey, large	20 min. to lb 275
Turkey, small Fish	25 min. to lb. 300 20 min. to lb. 375

## OVEN TEMPERATURE CHART (Continued)

MISCELLANEOUS		
Custard cup	20-30	300
Custard casserole	45-60	300
Souffle	50-60	
Baked potato	60-90	400
Baked beans	6 hours	350
Timbales	35-45	300
Rice Pudding	50-60	325
Scalloped potato	60-90	375

#### TIME CHART FOR ROASTS

Minutes	per	lb.	after	searing:
10-16	-			Ü
17-22				
23 - 30				
30				
40-55				
	Minutes 10-16 17-22 23-30 30 40-55	10-16 17-22 23-30 30	10-16 17-22 23-30 30	17-22 23-30 30

Broiling: Remove any extra fat from the meat and grease the broiler with some of it. Broil the meat over a clear fire or under a gas or electric burner. Sear it on both sides and cook it half of the required time on each side.

Pan broiling: Heat a frying pan very hot and grease it, by rubbing with a little fat. Sear meat on both sides, then cook more slowly until done. Season. Keep free from fat.

#### TIME TABLE FOR BROILING AND PAN BROILING

Kind of Meat:	Time in Minutes:
Beef steaks - 1-inch thick	
$1 \frac{1}{2}$ -inch	Rare or medium, 10-15
2-inch	Rare or medium, 18-25
Pork chops, thin	8-10
Lamb chops, rib	6-8
Loin or shoulder	8-10
Mutton chops 1-inch thick	15-20
Veal cutlets, very thin	
Chops	10

Sauteing or pan frying: Remove any extra fat and dip the meat in crumbs, egg and crumbs again (or use a mixture or corn meal and crumbs), cook 25 to 30 minutes in a small amount of fat in a frying pan, browning first on one side then turning, seasoning with salt and pepper, and browning on the other. Example: breaded veal chops.

Tender Meat Cookery: Roasting: Skewer meat into shape, lay on

## TIME TABLE FOR BROILING AND PAN BROILING (Continued)

a rack in a meat pan and put pieces of the meat fat in the bottom of the pan. Place in a hot oven, 500 degrees F., on the upper grate for 10 minutes to sear meat; season with salt and pepper, remove to the lower grate of oven; lower temperature to about 300 degrees F.; baste occasionally until done. Add hot water if necessary for basting.

## TEMPERATURES FOR BAKING FLOUR MIXTURES

Food	Temperature	Time (Min.)
Baking powder biscuit Bread Butter cake, loaf Butter cake, layer Cake, angel Cake, sponge Cake, fruit Cookies, thin Cookies, molasses Cream puffs Meringues Muffins (b. p.) Pie crust Popovers Rolls	450 degrees to 460 degrees 350 degrees to 400 degrees 360 degrees to 400 degrees 380 degrees to 360 degrees 300 degrees to 350 degrees 275 degrees to 325 degrees 380 degrees to 390 degrees 350 degrees to 375 degrees 350 degrees to 350 degrees 250 degrees to 350 degrees 250 degrees to 300 degrees 400 degrees to 500 degrees 400 degrees to 425 degrees 350 degrees to 425 degrees 400 degrees to 425 degrees 400 degrees to 425 degrees 400 degrees to 425 degrees	12-15 45-60 40-60 20-40 50-60 40-60 3-4 hours 10-12 18-20 45-60 40-60 20-25 20-40 35-40 25-30

## TABLE FOR COOKING CEREALS

Kind and Amount	Salt	Water	double boiler
Cream of wheat, 1 cup. Corn meal, 1 cup Rice, 1 cup Hominy (coarse) (fine) Rolled oats, 1 cup Cracked wheat, 1 cup	1 1/2 tsp. 1 tsp. 1 tsp. 1 1/2 tsp. 1 tsp.	4 c. 4 c. 3 c. 5 c. 4 c. 2 1/2 c. 4 c.	40 minutes 3 1/2 hours 40 minutes 3 hours 2 hours 1 hour 4 to 6 hours

#### TABLE FOR DRIED FRUITS

Fruit	Cooking Time	Amount of Sugar or Honey
Figs Peaches	About 30 minutes About 45 minutes	1/4 c. for each c. fruit 1 Tbsp. for each c. fruit 1/4 c. for each c. fruit 2 Tbsp. for each c. fruit

SAUCES

White Sauce	Liquid	Thickening Material	Fat	Seasoning (salt)
No. 1 thin No. 2 medium No. 3 No. 4 thick	1 c. milk 1 c. milk	1 Tbsp. flour 2 Tbsp. flour 3 Tbsp. flour 4 Tbsp. flour	1 1/2 Tbsp. 2 Tbsp.	1/2 tsp. 1/2 tsp. 1 tsp.
Use No. 1 sauce Use No. 2 sauce Use No. 3 sauce Use No. 4 sauce	for creamed for souffles	d or scalloped o	lishes or gra	5.

VEGETABLE TIME TABLE

Asparagus, tied in bundles	Vegetable	Boiled	Minutes Steamed	Baked
Onions	Artichokes, French Beans, Lima, depending on age Beans, string Beets, young with skins on Cabbage, chopped, cut sectional Cauliflower, stem down Carrots, cut across Chard Celery, cut in lengths 1/2 inch Corn, green, tender Cucumbers, peeled and cut. Eggplant, whole Onions Parsnips Peas, green Peppers Potatoes, depending on size Pumpkin, in cubes Potatoes, sweet Salsify Spinach Squash in cubes Tomatoes, depending on size	40 20-40 15-45 45 10-20 20-30 60-90 30 5-10 20 30 45 60 20-40 20-30 20-40 20-30 20-40 20-30 20-30	60 60 60 25 40 90 45 15 30 40 60 75 35–50 30 60 45 40 45 30 50	20 40 45 60 75 30 45-60 60 45-60

#### CANDY THERMOMETER HINTS

To check candy thermometer accuracy, let stand 10 minutes in boiling water. Thermometer should read 212 degrees; if there is any variation, subtract or add to make the same degree of allowance in testing candy.

Thread ..... 230 degrees to 234 degrees Soft ball ..... 234 degrees to 238 degrees Medium ball .... 238 degrees to 244 degrees Firm ball ..... 244 degrees to 248 degrees Hard ball ..... 248 degrees to 254 degrees Very hard ball .... 254 degrees to 265 degrees Light crack .... 265 degrees to 285 degrees Hard crack .... 290 degrees to 300 degrees

## TEMPERATURES IN CANDY MAKING

1 egg white to 1 c. sugar - 238-242 degrees, soft ball or thread 2 egg whites to 1 c. sugar - 244-248 degrees, soft ball or thread 3 egg whites to 1 c. sugar - 254-260 degrees, firm ball or long thread.

## TIME AND TEMPERATURE REQUIRED FOR CAKE BAKING

Sponge cake . 275-325 degrees - 40 minutes to 1 hour Loaf cake . . . 325-350 degrees - 40 minutes to 1 hour Cup cakes . . . 350-375 degrees - 15 to 25 minutes Layer cake . . 375-400 degrees - 20-30 minutes

#### FOR THE COOKY JAR

Cooky dough that is to be rolled is much easier to handle after it has been in a cold place 10 to 30 minutes. This keeps the dough from sticking, even though it may be soft. If not done, the soft dough may require more flour and too much flour makes cookies hard and brittle, in rolling, take out on a floured board only as much dough as can be managed easily. Flour the rolling pin slightly and roll lightly to desired thickness. Cut shapes close together and keep all trimmings for the last. Place pans or sheets in upper third of oven. Watch cookies carefully while baking to avoid burning edges.

When sprinkling sugar on cookies, try putting it into a salt

shaker. It saves time.

#### ROAST TURKEY

Stuff and truss turkey; brush skin with cooking fat. Place breast up on a rack in a shallow open pan. Cover turkey with fat-moistened cheesecloth, large enough to cover top and drape down on all sides. Place in preheated oven, 325 degrees F. Do not sear; do not add water; do not cover. Basting is unnecessary, but if cloth dries during cooking, moisten it with drippings in pan. When meat thermometer registers 190 degrees F. (20 minutes before turkey should be done) test for doneness. Press fleshy part of drumstick between fingers; meat should feel very soft; or move drumstick up and down; it should move readily or twist out of joint. Roasting Time (stuffed ready-to-cook weight):

4 to	8-lb.	turkey.	 			 ٠	3	to	4	hou	rs
8 to	12-lb.	turkey	 				4	to	5	hou	rs
12 to	16-lb.	turkey	 				5	to	6	hou	rs
16 to	20-lb.	turkey	 ٠.	ě.	 	 ě	6	to	7	1/2	hours
20 to	24-lb.	turkev		1			7	1/	2	to 9	hours

## Roasting Time and Temperature (whole turkeys):

20 to 24 ...... 450 degrees F.

Ready-to-cook Weight	Oven Temperature	Total Time (Hours)
8 to 10	325 degrees F.	4 to 4 1/2 4 1/2 to 5 5 to 5 1/4 5 1/4 to 6 6 to 6 1/2 6 1/2 to 7 1/2 7 1/2 to 9
Note: If turkey is roaste 5 minutes per pou	ed unstuffed, reduce time a	pproximately
(Half Turkeys) 3 1/2 to 5	325 degrees F 325 degrees F 325 degrees F	3 to 3 1/2 3 1/2 to 4 4 to 5
(Foil Wrapped Turkeys) 8 to 10	450 degrees F. 450 degrees F. 450 degrees F. 450 degrees F.	

...... 3 1/2 to 3 3/4

#### INGREDIENT SUBSTITUTIONS

- 1 square (1 oz.) chocolate equals 3 tablespoons cocoa plus 1 tablespoon vegetable shortening.
- 1 3/4 cups (approximately) all-purpose flour equals 2 cups cake flour.
- 2/3 cups honey equals 1 cup sugar plus 1/3 cup of water.
- 1 package (8 to 9 oz.) macaroni or spaghetti equals 4 to 5 cups cooked.
- 1 cup raw rice equals 3 cups of cooked rice, approximately.
- 1 1/2 cups corn syrup equals 1 cup sugar plus 1/2 cup of water.
- 2 tablespoons flour (for thickening) equals 1 tablespoon corn starch.
- 2 cups ground meat (tightly packed) equals 1 pound.
- 3 cups ground meat (loosely packed) equals 1 pound.
- 2 1/2 cups raisins equals 1 pound.
- 3 cups coarsely chopped nuts equals 1 pound.
- 1 cup sweet milk equals 1 cup sour milk plus 1 teaspoon soda.
- 1/2 teaspoon soda plus 1 cup sour milk equals 2 teaspoons baking powder.
- 2 cups equals 1 can (tall)
- 2 1/2 cups equals No. 2 can
- 3 1/2 cups equals No. 2 1/2 can
- 1 lemon (medium) equals 3 tablespoons juice
- 1 orange (medium) equals 1/2 cup juice
- 2 Tablespoons shortening equals 1 ounce.

## TABLE OF MEASUREMENTS AND ABBREVIATIONS

t. or tsp	teaspoons
T. or Tbsp	tablespoons
C	eup
pt	pint
qt. Ib.	quart
lb	pound
3 t	1 T.
16 T	1 c. $(4 \text{ T.} - 1/4 \text{ c.}; 8 \text{ T.} - 1/2 \text{ c.})$
2 cups	1 pint
2 pints	
4 qt.	1 gal.

## MEASURES OF FRUITS AND NUTS

- 1 pound dates measure about 2 cups
- 1 pound raisins, prunes, dried apricots, dried peaches, dried pears or dried figs measures about 3 1/4 to 3 1/2 cups
- 1 pound dried apples measure about 5 cups
- 1 pound cut-up candied fruit peel measures about 3 cups
- 1 pound shelled almonds or Brazil nuts measure about 3 cups 1 pound shelled walnuts or pecans measure about 4 cups

## SUPPER QUANTITY COOKING

## BAKED BEANS FOR 100:

8 qt. dry beans
20 qt. saiad
4 lb. salt pork
20 doz. rolls
4 lb. butter
20 pies
4 qt. cream
2 lb. coffee

#### HASH SUPPER FOR 100:

40 lb. corned beef 5 qt. salad dressing 32 qt. potatoes 5 lb. butter 20 doz. rolls 2 lb. coffee 20 qt. chopped cabbage 4 qt. cream

#### CABBAGE SALAD FOR 175:

20 lb. cabbage 4 large cans crushed pineapple 2 bunches carrots

#### HAM SUPPER FOR 225:

48 lb. canned ham
24 potato salads (solicited)
5 lb. coffee
5 to 6 c. water
1 pt. cream
45 qt. strawberries
6 pkg. Bisquick equals
3/4-inch biscuits
2 qt. milk
1 lb. Crisco
5 to 6 c. water
48 pkg. peas
8 qt. milk
6 qt. heavy cream
1 pkg. Starlac
1 c. sugar, add to Bisquick

## BRAISED BEEF FOR 200:

Harvard beets
65 lb. stew beef
60 lb. potatoes
36 pies

Harvard beets
Cabbage salad
40 lb. turnip
2 lb. cheese

#### TURKEY DINNER FOR 250:

7 turkeys 75 lb. potato
75 lb. butternut squash 10 bunches celery
20 large cranberry rings 44 pies

## CHICKEN SHORTCAKE FOR 135:

60 lb. chicken 3 large pkg. Bisquick 30 pkg. frozen peas 17 pkg. Flakon corn mix 2 bunches celery